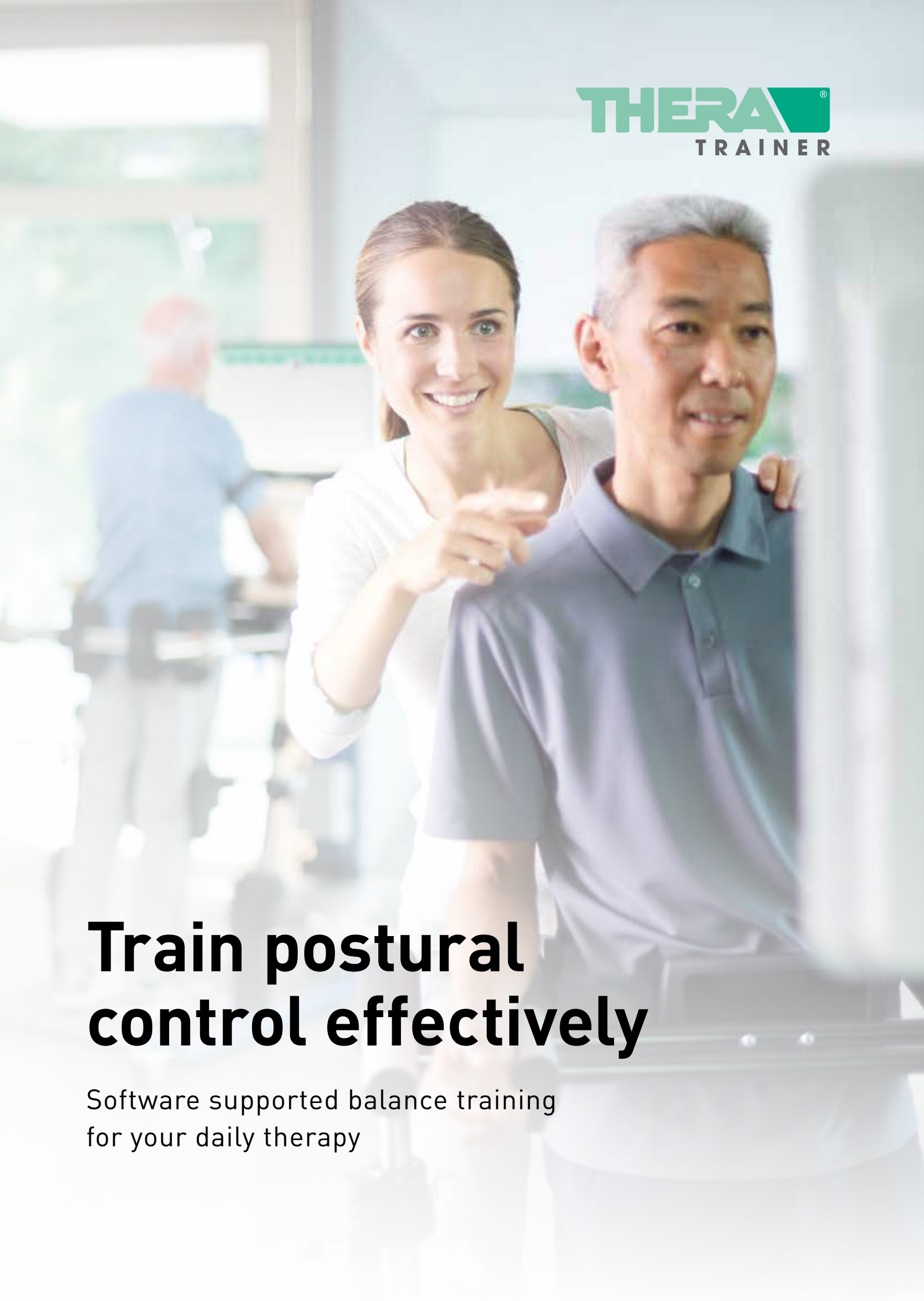


THERA TRAINER

Train postural control effectively

Software supported balance training
for your daily therapy

What is the meaning of postural control?

Postural control forms the basis for all the activities of daily life and is the central focus of the rehabilitation.

"Postural control is an essential basic requirement for active participation in daily life – and therefore an integral part of a person's independence and mobility. Successful postural control is influenced by many factors like individual preconditions (motor, sensory, cognitive), environmental factors (e.g. ground conditions) and aspects of the therapy carried out (e.g. anticipative, reactive, dual task, etc.). All these factors should be considered in modern, individual and differentiated therapy."

Martin Huber
Physiotherapist, MSc

Effective
Convincing
Unique

Static postural control - Balancing of the body's center of mass over the support surface

Anticipatory postural control - Shifting the center of mass away from the body's centre in all directions

Reactive postural control - Training the ability to react to unanticipated interruptions

Dual Task - Standing under the influence of gravity while simultaneously completing motor and cognitive tasks

Muscle power - Strength training in connection with the training of the postural control as an important aspect of fall prevention

Relief for therapists

THERA-Trainers relieve therapists in their daily workload and make it possible for them to concentrate on the important aspects of the therapy

Suitable for all patients

THERA-Trainers are suitable for all patient groups and enable a safe training in every phase of the rehabilitation in a standing position without additional support

Early verticalisation

THERA-Trainer verto
Mobilisation out of bed or wheelchair in less than three minutes directly into a standing position

Dynamic, safe training

THERA-Trainer balo
Safe balance training, also for patients unable to stand

Maximum freedom – minimal risk

THERA-Trainer coro
Fall-safe balance training with maximum freedom of motion

Backed-up by evidence

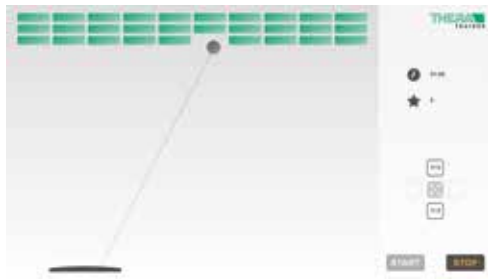
Task oriented training at individual, patient ability levels with external focus, high repetitions and direct feedback

Surely the right therapy

THERA-Trainers enable unique standing and balance training with exact training control and evaluation

Intuitive Motivating Variable

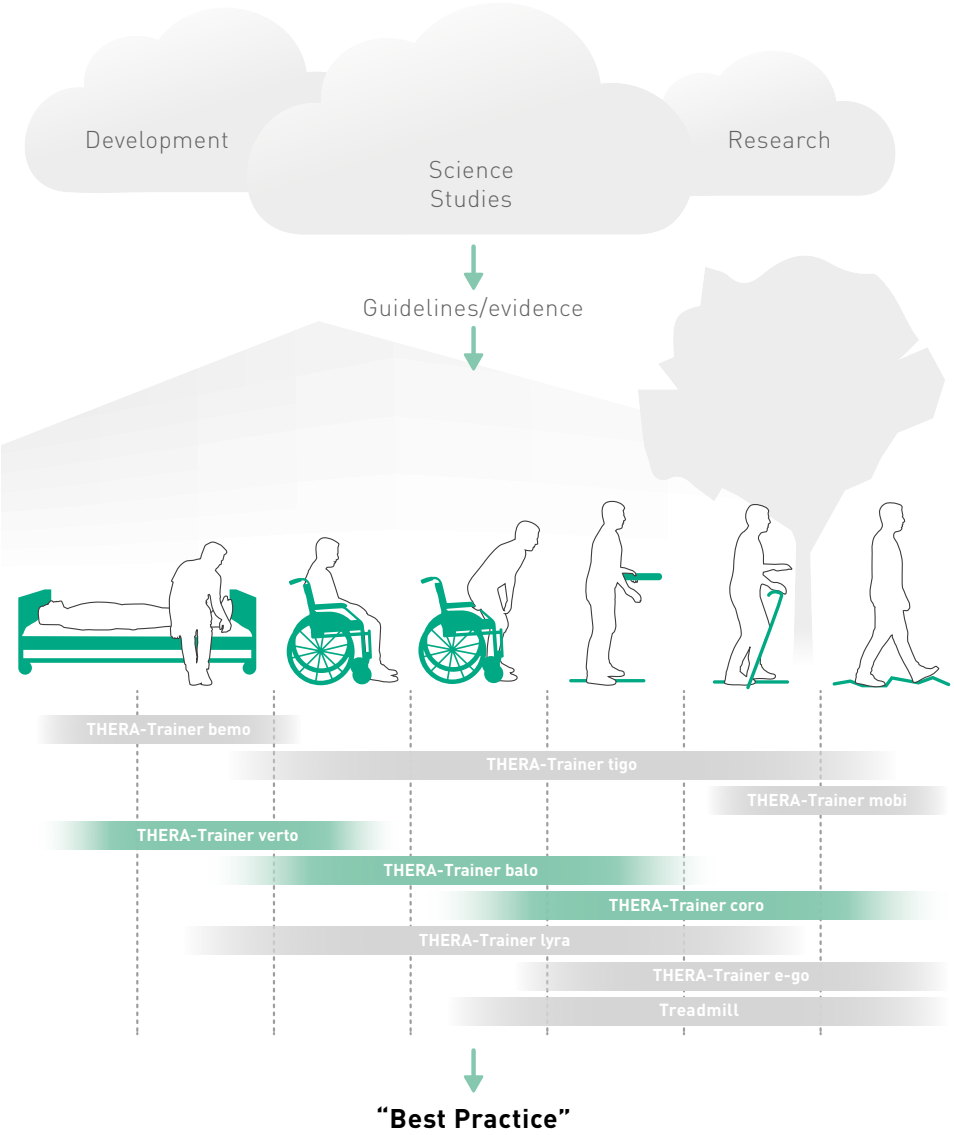
THERA-soft® for standing & balancing



THERA-soft enables **task oriented training** with specific interventions accoring to the latest scientific developments.

With the software, the **saving**, **documentation and evaluation** of all training data is possible.

We offer products and solutions for all phases of rehabilitation and transfer current scientific findings into therapeutic daily routine.



Get now non-binding information!

medica Medizintechnik GmbH | Blumenweg 8 | 88454 Hochdorf | Germany
Tel +49 7355-93 14-0 | info@thera-trainer.de | www.thera-trainer.de

A005-979 | 03/2020 | Modifications, misprints and errors reserved. | © medica Medizintechnik GmbH | WEEE reg. no. DE 10764186