

The compact leg and upper body exerciser **without motor**

# activo 574



● = Basic equipment, ○ = Additional equipment

## THERA-Trainer activo 574

Item no.	A004-958
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Name	Item no.	Equipment
Base unit	A004-753	●
Foot rests	A003-974	●
Therapy grips	A001-420	●
Wristbands for therapy grips/safety handle	A002-440	○
Carry bag	A003-976	○

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Product specifications	
<b>Product description/Purpose</b>	<p>The THERA-Trainer activo is a therapy device for circular active (with muscle power) movement training of the upper and lower extremities.</p> <p>The therapy device helps to mobilise patients whose mobility is restricted after accidents, operations or general illnesses affecting the musculoskeletal system.</p>
<b>Special product features</b>	<ul style="list-style-type: none"> <li>- <b>Foot rests with safety edge and velcro straps to secure the foot:</b> Ensure a safe workout through optimal support and without foot slippage.</li> <li>- <b>Very good stability and slip resistance:</b> Enables safe training without constant slipping.</li> <li>- <b>Quick and easy cleaning:</b> Thorough wipe disinfection is possible thanks to smooth surfaces.</li> <li>- <b>Tool-free replacement of foot rests and therapy grips:</b> Enables quick and easy adaptation to different treatment settings and therapy goals.</li> <li>- <b>Forward-looking treatment:</b> The THERA-Trainer activo can always be integrated into a THERA-Trainer complete solution.</li> </ul>
<b>Place of use</b>	Closed rooms, e.g. at the patient's home, therapy practices, clinics
<b>Technical specification</b>	<ul style="list-style-type: none"> <li>- <b>Dimensions (LxWxH):</b> approx. 50 cm x 46 - 56 cm x 38 cm</li> <li>- <b>Weight:</b> 10.9 kg (with foot rests) or 9.8 kg (with therapy grips)</li> <li>- <b>Battery:</b> AAA (LR03) 1.5 V</li> <li>- <b>Ambient conditions when in use:</b> <ul style="list-style-type: none"> <li>Temperature: 5 °C to 40 °C</li> <li>Relative humidity: 15 % to 93 % Rh</li> <li>Air pressure: 700 hPa to 1060 hPa</li> </ul> </li> <li>- <b>Sound emission:</b> LpA &lt; 70 dB (A)</li> <li>- <b>Service life:</b> 7 years</li> </ul>
<b>Patient requirements</b>	<ul style="list-style-type: none"> <li>- <b>Patient weight:</b> max. 140 kg</li> <li>- <b>Patient height:</b> 120 - 200 cm</li> </ul>
<b>Delivery and commissioning</b>	<ul style="list-style-type: none"> <li>- <b>Packaging (LxWxH):</b> 56 cm x 46 cm x 40 cm</li> <li>- <b>Delivery:</b> Package via parcel service</li> <li>- <b>Transport and storage conditions:</b> <ul style="list-style-type: none"> <li>Temperature: -25 °C to 70 °C</li> <li>Relative humidity: 15 % to 93 % Rh</li> <li>Air pressure: 700 hPa to 1060 hPa</li> </ul> </li> <li>- <b>Commissioning:</b> by authorised specialists (recommended)</li> </ul>
<b>Service/Maintenance</b>	<ul style="list-style-type: none"> <li>- <b>Service:</b> only by authorised service technicians</li> <li>- <b>Maintenance:</b> maintenance-free</li> <li>- <b>Technical inspection:</b> safety inspection every 24 months (manufacturer recommendation)</li> </ul>
<b>Registration</b>	<p>Medical device in accordance with Article 1 (2a) of EC Directive 93/42/EEC</p> <p>Medical device class: I</p> <p>CE marking: CE</p>
<b>Standards</b>	Among others: EN ISO 10993-1, EN 12182, EN ISO 13485, EN ISO 14971, EN 62366-1